

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>5k</b>					
1.	14	Marcus Isherwood		1st Male	0:22:20
2.	4	David Hughes		2nd Male	0:22:50
3.	26	Beth Constantine		1st Female	0:23:07
4.	29	Iris Whiting		2nd Female	0:26:44
5.	27	Helen Cox		3rd Female	0:26:52
6.	16	Mark Swan		3rd Male	0:28:26
7.	28	Connie Whiting		F	0:30:22
8.	2	Avril Archibald		F	0:30:43
9.	15	Maria Ala-ajala		F	0:32:58
10.	21	Rozia Anderson		F	0:34:16
11.	20	Priti Jain		F	0:34:29
12.	22	Samriti Mahala		F	0:34:29
13.	5	Ellie Mason		F	0:34:46
14.	1	Alice Earnshaw		F	0:34:54
15.	8	Harriet Whiting		F	0:35:26
16.	12	Jonathan Macdonald		M	0:36:41
17.	9	Jasmine Ahmed		F	0:38:35
18.	13	Juwairiya Shah		F	0:38:35
19.	24	Stacie Brady		F	0:39:38
20.	7	Emma Sutcliffe		F	0:40:46

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>10k</b>					
1.	78	Scott Mason		1st Male	0:43:11
2.	68	Michael Waters		2nd Male	0:44:42
3.	48	David Bock		3rd Male	0:45:10

4.	73	Rob Monkman		M	0:49:59
5.	66	Matt Stevens		M	0:51:25
6.	50	Dean Richardson		M	0:51:34
7.	64	Lucy Richardson		<b>1st Female</b>	0:51:46
8.	79	Simonne Preston		<b>2nd Female</b>	0:54:48
9.	75	Rosie Leister		<b>3rd Female</b>	0:55:02
10.	57	Jamie Crossley		M	0:55:15
11.	62	Karen Tiffin		F	0:57:24
12.	42	Beth Leister		F	0:57:46
13.	47	Danny Walker		M	0:57:46
14.	63	Liam Mcconigly		M	0:58:32
15.	52	Francesca Powdrell		F	1:00:56
16.	76	Sarah Lunn		F	1:00:56
17.	72	Rebecca Wilkins		F	1:00:56
18.	39	Aija Lace		F	1:02:23
19.	51	Eleanor Lister		F	1:04:55
20.	43	Briar Speight		F	1:05:11
21.	85	Michelle Davies		F	1:06:02
22.	40	Andrew Baxter		M	1:06:33
23.	56	Holly Phillips		F	1:06:43
24.	59	Jessica Barker		F	1:08:23
25.	81	Stuart Robinson		M	1:08:29
26.	58	Jamie Peers		F	1:08:31
27.	61	Jo Rieny		F	1:08:32
28.	45	Christine Whitehouse		F	1:08:59
29.	80	Sonia Jamieson		F	1:10:33
30.	84	Victoria Milbanke		F	1:13:55
31.	53	Gemma O'Brien		F	1:14:37
32.	86	Emma Norman		F	1:16:17
33.	87	Steven Norman		M	1:16:17
34.	69	Ollie Fryer		M	1:17:04
35.	60	Jo Murphy		F	1:19:59

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>10M</b>					
1.	107	Nicky Abraham		1st Female	1:33:16
2.	101	Anne-marie Jewitt		2nd Female	1:35:33
3.	108	Roz Halliwell		3rd Female	1:38:50
4.	100	Abigail Sanderson		F	2:12:54

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>Half Marathon</b>					
1.	209	Carl Dawson	Halifax Harriers	1st Male	
2.	153	James Taylor		2nd Male	1:20:12
3.	198	Steven Dowse		3rd Male	1:22:05
4.	186	Neal Edmondson		M	1:22:56
5.	201	Toby Bellis		M	1:29:30
6.	183	Max Metcalfe		M	1:29:41
7.	155	Jimmy McCann		M	1:40:11
8.	143	David Seymour		M	1:41:45
9.	118	Alex Barnard		M	1:44:03
10.	199	Stuart Parkinson		M	1:44:03
11.	163	Katherine Hackett		1st Female	1:45:01
12.	169	Lee Taylor		M	1:45:19
13.	129	Becky Lawrence		2nd Female	1:46:02
14.	123	Anita Klinkosz		3rd Female	1:46:39
15.	122	Andy Smith		M	1:46:53
16.	141	Dave Graham		M	1:47:24
17.	139	Daniel Matthewman		M	1:47:39
18.	194	Ruth Wilson		F	1:49:27

19.	189	Philip Broadbent		M	1:50:26
20.	180	Lynne Metcalfe		F	1:54:55
21.	148	Gary Mulvey		M	1:55:15
22.	165	Kelvin Troughton		M	1:55:40
23.	160	Julie Virgin		F	1:56:33
24.	131	Bruce Willoughby		M	1:56:44
25.	136	Clare Barnett		F	1:56:44
26.	193	Rebecca Atkinson		F	1:57:59
27.	147	Faye Edmondson		F	1:58:46
28.	121	Andrew Proctor		M	2:00:05
29.	144	David Tarren		M	2:01:36
30.	206	William Robinson		M	2:02:14
31.	203	Trevor Skeen		M	2:03:41
32.	210	Jonathan Slade		M	2:03:49
33.	124	Anna Houton		F	2:04:10
34.	174	Lisa Campey		F	2:04:46
35.	184	Michelle Dickson		F	2:05:48
36.	185	Nat Pawlowski	Kendal Tri	M	2:08:01
37.	211	Stephen Bardwell		M	2:09:10
38.	146	Emma Mitchell		F	2:09:44
39.	154	Jason Newell		M	2:10:39
40.	127	Aysha Alkooheji		F	2:10:55
41.	213	Sarah Rawlings		F	2:13:27
42.	178	Louise Jennings		F	2:14:41
43.	117	Adele Appleyard		F	2:15:07
44.	130	Brooke Douglas		F	2:15:48
45.	217	Ben Firth		M	2:15:56
46.	168	Laura Vismara		F	2:16:04
47.	137	Craig Hodgskinson		M	2:16:37
48.	126	April Cozens		F	2:17:10
49.	138	Daniel Holt		M	2:19:11
50.	215	Charlotte Milligan		F	2:19:59

51.	151	Hayley Mallinson		F	2:19:59
52.	191	Rachel Collins		F	2:24:36
53.	166	Laura Aitchison		F	2:24:41
54.	159	Julie Kaye		F	2:25:11
55.	119	Amanda Hibbert		F	2:25:42
56.	207	Max Sinclair		M	2:26:23
57.	170	Lesley Sherburn		F	2:26:25
58.	176	Liz Truscott		F	2:27:46
59.	120	Anabela Trindade		F	2:27:47
60.	214	Suzy Webb		F	2:28:33
61.	204	Vanessa Scott		F	2:28:36
62.	188	Oliver Limon		M	2:29:58
63.	216	Elizabeth Lockey		F	2:30:02
64.	142	David Lauder		M	2:31:23
65.	132	Catherine Blythe		F	2:32:54
66.	212	Stuart Whitehouse		M	2:33:28
67.	135	Chris Elves		M	2:34:53
68.	197	Shannon Lane		F	2:37:21
69.	156	John McDermott		M	2:38:06
70.	182	Mark Hazard		M	2:39:05
71.	150	Hayley Haycock		F	2:39:16
72.	177	Louise Heppleston		F	2:44:31
73.	200	Susan Siddons		F	2:45:45
74.	173	Lindsey McDermott		F	2:46:13
75.	187	Niamh Forde		F	2:48:51
76.	161	Julie Wright		F	2:52:54
77.	190	Pip Lloyd		F	2:58:15
78.	179	Lucy Hardman		F	2:58:21
79.	133	Charlotte Drysdale		F	3:18:14
80.	192	Rachel Waldock		F	3:18:14
81.	346	Sophie Ramplin		F	3:21:57

### Spring Canal Canter Day 1 Provisional Results

Rank	Bib	Name	Club	M/F	Time
<b>20 Miles</b>					
1.	224	Alexander Ogilvie		1st Male	2:12:46
2.	223	Adrian Keeble		2nd Male	2:13:24
3.	234	Cairn Morrison		3rd Male	2:14:39
4.	231	Andrew Sloan		M	2:16:43
5.	288	Mark Walton		M	2:20:06
6.	255	Glenn Armstrong		M	2:22:26
7.	250	Elliot Marling		M	2:22:27
8.	320	Elizabeth Nairn		1st Female	2:26:54
9.	305	Richard Peel		M	2:27:10
10.	244	Dawn Richardson		2nd Female	2:28:15
11.	319	Michael Ladyman		M	2:32:02
12.	299	Paula Fenteman		3rd Female	2:33:38
13.	240	Christopher Essex		M	2:34:42
14.	300	Peter Woodhead		M	2:36:20
15.	307	Sally Temperley		F	2:39:00
16.	273	John Walker		M	2:39:57
17.	318	Rebecca Ladyman		F	2:45:18
18.	257	Harry Schofield		M	2:45:50
19.	242	Daniel Challenger		M	2:47:31
20.	259	Hayley Lloyd-Henry		F	2:48:44
21.	247	Derek BROWN		M	2:49:16
22.	289	Martin Goodhand		M	2:50:42
23.	261	Jack Davies		M	2:51:06
24.	302	Rachel Bailey		F	2:51:40
25.	293	Michael Ryder		M	2:51:43
26.	295	Neil Corness		M	2:51:54
27.	290	Mel Walker		F	2:53:14
28.	274	Jon Jackson		M	2:55:25

29.	284	Liga Magdalenoka-Keen		F	2:56:26
30.	225	Alice Nicolay		F	2:57:18
31.	285	Lucy Vamplew		F	2:58:23
32.	241	Daniel Barnes		M	2:59:43
33.	249	Donna Whitelock		F	3:00:09
34.	265	James Slater		M	3:00:53
35.	315	Thomas Aitchison		M	3:01:27
36.	275	Jonathan Bailes		M	3:01:42
37.	276	Josephine Linford		F	3:02:12
38.	321	Catherine Warren		F	3:02:48
39.	296	Paul Brewer		M	3:02:49
40.	297	Paul Butterworth		M	3:03:38
41.	309	Sophie Cullen		F	3:04:23
42.	258	Hayden Holmes		M	3:04:36
43.	286	Lydia Kisby		F	3:05:56
44.	277	Julie Stafford		F	3:06:51
45.	287	Mark Doyle		M	3:08:57
46.	313	Stephanie Gledhill		F	3:09:45
47.	283	Lee Craven		M	3:10:33
48.	232	Anne-marie Lategan		F	3:12:17
49.	317	Tracey Scott		F	3:14:13
50.	324	Michelle Smith		F	3:14:47
51.	325	Graham Smith		M	3:14:47
52.	271	Joe England		M	3:15:39
53.	230	Andrew Maddock		M	3:20:34
54.	235	Carl Mcfarlane		M	3:21:28
55.	272	John Kavanagh		M	3:22:18
56.	248	Dominique Warner		F	3:24:14
57.	256	Hannah McNally		F	3:24:23
58.	270	Joe Collett		M	3:25:23
59.	253	Fran Reddington		F	3:26:36
60.	301	Phoebe Ladyman		F	3:27:12

61.	308	Simon CARTER		M	3:29:03
62.	243	David Parrington		M	3:30:38
63.	306	Rosnita Fenesia Mckenzie-midlane		F	3:31:10
64.	264	James Forbes		M	3:32:50
65.	208	Catherine Horsfall		F	3:34:28
66.	267	Jessica Brewer		F	3:37:42
67.	227	Amber Edwards		F	3:41:48
68.	269	Joanne Todd		F	3:41:50
69.	281	Kelvin Owen		M	3:47:27
70.	278	Kath Biddle		F	3:48:57
71.	266	Jennie Kettlewell		F	3:53:20
72.	282	Kyle Martyn-Clark		M	4:04:00
73.	304	Rachel Toone		F	4:04:01
74.	254	Fran Riley		F	4:05:05
75.	294	Murray Scott		M	4:05:06
76.	260	Ian Cheetham		M	4:06:42
77.	314	Tammy Williams		F	4:07:54
78.	252	Fiona Blaylock		F	4:07:56
79.	268	Joanne Orford		F	4:10:19
80.	246	Deborah Bateman		F	4:13:18
81.	322	Kate Taylor		F	4:18:48
82.	323	Emma Jones		F	4:18:49
83.	303	Rachel Helman		F	4:19:09
84.	238	Cheryl Keeble		F	4:30:10

### Spring Canal Canter Day 1 Provisional Results

Rank	Bib	Name	Club	M/F	Time
<b>Marathon</b>					
1.	337	Keith Johnstone	100 Marathon Club	1st Male	
2.	331	Colin Johnstone	100 Marathon Club	2nd Male	3:13:15
3.	333	Emma Burckhardt		1st Female	3:35:41



4.	350	Colin Williams	Ilkley Harriers	3rd Male	3:36:50
5.	343	Tom Worboys		M	3:47:13
6.	335	Jonathan Godfrey		M	3:54:23
7.	344	James Davey		M	3:57:36
8.	340	Mark McCarthy		M	4:11:23
9.	336	Karen Saward		2nd Female	4:16:26
10.	345	Stephanie Innes		3rd Female	4:16:49
11.	348	Sophie Birnie		F	4:23:27
12.	347	Nicola Forwood	Hyde Park Harriers	F	4:34:08
13.	338	Lauren Corcoran		F	4:40:42
14.	339	Mark Gallimore		M	6:09:03
15.	665	Richard Whitaker		M	6:11:00
16.	352	Terry Hindson	Marathon Club Irleand	M	6:18:11
17.	332	Darren Priddin		M	6:18:33
18.	349	Sarah Wilson		F	6:18:47
19.	329	Brian Newham		M	7:08:24
20.	361	Ali Islam		M	7:16:30
21.	666	Hilary Wharam	100 Marathon Club	F	7:59:06

### Spring Canal Canter Day 1 Provisional Results

Rank	Bib	Name	Club	M/F	Time
<b>Ultra</b>					
1.	368	Joe Baker		1st Male	3:43:03
2.	369	Chean Yong		2nd Male	4:21:42
3.	356	Adam Bradshaw		2nd Male	5:04:07
4.	359	Sam Rosenberg		3rd Male	5:13:58
5.	366	Lisa Alexander		2nd Female	5:41:09
6.	364	Ellie New		3rd Female	6:13:57