

Pl.	Bib	Name	Nat.	YoB	Club	Time
10k						
Female						
1.	7	Hampson, Claire	[img:flags/GB.gif]			00:36:22
2.	109	Buttle, Alice			Meltham AC	00:46:20
3.	101	Martin, Ashley				00:49:39
4.	105	Hazelton, Anna				00:53:47
5.	118	Cliff, Katie				01:09:09
6.	107	Hampson, Claire				01:09:10
7.	108	Dodd, Michelle				01:09:10
8.	104	Spivey, Alyson				01:09:47
Male						
1.	6	Taylor, Nigel			Lindley Road Runners	00:55:51
2.	113	Hallewell, Paul				00:45:46
3.	117	Burrows, Neil			Lindley Running Club	00:46:46
4.	106	Taylor, Nigel				00:49:12
5.	112	Wood, Chris				00:56:54
6.	114	Thewlis, Robert				01:00:05
7.	102	Thornton, Mark			Lonely Goat	01:05:02
8.	103	Simpson, Caroline				01:10:48
5k						
Female						
1.	41	Lockie, Ashley			Lonely Goat	00:23:11
2.	57	Bullcock, Ann-Marie				00:23:30
3.	55	Rawlings, Sarah			Eccleshall Road Runner	00:28:18
4.	46	Rushforth, Mary				00:28:31
5.	48	Westcott, Lynn				00:28:50
6.	42	Locke, Zoe				00:29:08
7.	40	Bradley, Lindsey			Arcade Bears	00:30:17
8.	53	Myers, Sarah			Eccleshill Road Runners	00:31:04
9.	52	Todd, Julie			Arcade Bears	00:32:26
10.	49	Parsons, Karen				00:33:46

11.	36 Gibson, Claire	Arcade Bears	00:34:08
12.	39 Fabian, Felicity		00:35:01
13.	37 Davies, Beckt	Arcade Bears	00:35:02
14.	50 Bradbrook, Deborah		00:37:31
15.	43 Russell, Lucy		00:38:10
16.	51 Bennett, Helen		00:57:56
	35 Hammond, Marcine	Arcade Bears	
Male			
1.	56 Mcinnes, Michael	Skipton	00:21:28
2.	44 Russell, Jonathon	Crossgate Harriers	00:24:30
3.	45 Spooof, Richard		00:28:03
4.	38 Kerrod, Steve	Arcade Bears	00:28:24
5.	54 Storey, Ian	Saltaire Strider	00:29:34
6.	47 Boyd, Andrew		00:39:24