

Provisional results Hey Up Its Helmsley 2022						
Position	Bib	Name	Gender	Club	ChipTime	Place
Ultra						
1	22	Oisin O'meara	M		06:26:47	1st Male
2	23	Paul Harris	M		06:35:12	2nd Male
3	2	Beth Goodliff	F		06:44:19	1st Lady
4	3	bryce hicks	M		07:01:44	3rd Male
5	15	Rachael Ridley	F	(Swaledale runners)	07:07:50	2nd Lady
6	21	Phil McGill	M		07:08:20	
Marathon						
1	48	Stephen Hayes	M		03:30:48	1st Male
2	29	Ashleigh Greenwood	F		03:54:02	1st Lady
3	30	charlotte dalton	F		03:54:57	2nd Lady
4	51	William Collie	M		04:00:38	2nd Male
5	50	vinny menon	M		04:27:48	3rd Male
6	49	Stuart Pickford	M		04:46:10	
7	41	Julie Bradshaw	F	North East Marathon Club (161)	05:02:47	3rd Lady
8	32	David Cremmins	M	100 Marathon Club (3619909)	05:16:00	
9	44	louise cantley	M		05:26:44	
10	52	Ernesta Verburg	F		05:28:14	
11	38	jamie martin	M		05:34:04	
12	46	paul bennett	M		05:34:54	
13	8	Karen Prestcott-White	F		05:42:21	
14	42	kevin chippendale	M	Ackworth Road Runners (3524842)	06:02:59	
15	39	jan scotchford	F		06:03:00	
16	666	Hilary Wharam	F	100 Marathon Club	08:53:54	
20 Miles						
1	63	Emma Taylor	F		03:47:43	1st Lady
2	66	samantha law	F	Selby Striders (3811726)	03:56:38	2nd Lady
Half Marathon						
1	159	Richard Kessell	M		01:43:25	1st Male
2	164	Simon Jones	M	Pickering RC	01:45:02	2nd Male
3	79	alan you	M		01:45:35	3rd Male

4	117	Linda Clegg	F		01:46:19	1st Lady
5	163	Donna Edmondson	F		01:47:47	2nd Lady
6	78	al chapman	M	Pudsey Pacers (2911076)	01:48:29	
7	127	morven wallace	M	Pudsey pacers (2791502)	01:50:27	
8	129	neil hopkins	M		01:52:42	
9	155	Tim Blackburn	M	Caistor Running Club (3819433)	01:56:29	
10	125	matthew evans	M		01:57:40	
11	121	luke clay	M		01:59:35	
12	113	kimberley reeve	F	Richmond and Zetland Harriers (34376)	01:59:50	3rd Lady
13	110	Jonathan Moye	M		01:59:54	
14	161	Connnor Cregan	M		02:00:42	
15	157	tim richardson	M		02:00:48	
16	97	garry doubtfire	M		02:02:12	
17	85	becky naylor	F		02:02:21	
18	76	aaron singleton	M		02:04:39	
19	162	Neil Cooper	M		02:04:53	
20	135	richard borrett	M		02:06:21	
21	146	sharon richardson	F		02:06:22	
22	96	emma burckhardt	F		02:07:19	
23	119	liz hendon	F		02:07:55	
24	101	harry lambert	M		02:14:11	
25	128	neil allison	M	Redcar Running Club (3629135)	02:15:14	
26	123	matt balderson	M		02:16:56	
27	80	andrew bates	M	Pickering Running Club (3469752)	02:17:25	
28	154	thandiwe revill	F	York Knavesmire Harriers (3996219)	02:22:13	
29	143	sean boland	M		02:23:07	
30	102	helen batey	F		02:23:56	
31	160	Phillipa Houghton	F		02:25:39	
32	133	Paul Shepherd	M	City of Hull AC (3170101)	02:26:24	
33	120	lorna garrity	F		02:33:55	
34	144	serena partridge	F	Pickering Running Club (3218342)	02:38:27	
35	108	jo yendell	F	METHLEY STRIDERS (3611398)	02:46:27	
36	105	james ambrose	M		02:47:38	

37	116	linda fothergill	F	100 Marathon Club (3619909)	02:55:21	
38	81	angela oboyle	F		02:55:52	
39	109	john oboyle	M	North Yorkshire Moors AC (3690374)	02:55:54	
40	141	sarah ellis	F		02:56:22	
41	131	Nicola Shillam	F	Rippon Runners (3437677.)	03:03:57	
42	82	Anita Oldham	F		03:03:57	
43	84	Anne Rae	F	Caistor Running Club (3755863)	03:06:18	
44	122	mark ramskill	M	METHLEY STRIDERS (3423245)	03:10:27	
45	152	stephanie ramskill	F	METHLEY STRIDERS (3763650)	03:10:30	
10K						
1	201	jack mudd-bowes	M		00:38:52	1st Male
2	223	paul simpson	M		00:45:29	2nd Male
3	216	matthew matcham	M		00:50:51	3rd Male
4	239	Gareth Kessell	M		00:54:03	
5	204	jenny burrage	F		00:54:42	1st Lady
6	189	chris checkley	M	Heaton Harriers (3545018)	00:55:06	
7	213	lucy goundry	F	Richmond & Zetland Harriers (340632)	00:55:30	2nd Lady
8	220	Nicola Anderson	F		00:58:04	3rd Lady
9	226	peter nelson	M		00:58:38	
10	232	simon mudd	M		00:59:05	
11	225	pauline whittaker	F	Richmond and Zetland Harriers (32227)	01:00:37	
12	210	kelly lamb	F		01:01:00	
13	215	martin luxton	M	North York Moors AC (2739402)	01:01:07	
14	205	jenny hughes	F		01:01:49	
15	219	nathan maude	M		01:01:49	
16	234	stephen bishop	M	Redcar Running Club (3786607)	01:03:01	
17	206	jon brough	M		01:04:16	
18	227	richard webster	M	Lonely Goat Running Club (3949725)	01:04:44	
19	202	jack bletcher	M		01:04:58	
20	222	oliver lees	M		01:05:57	
21	211	kelly barrett	F		01:05:58	
22	237	Donna Roe	F		01:06:10	
23	187	carolyn calvert	F		01:06:31	

24	224	paul hodgson	M		01:06:51	
25	182	anita akmentina	F		01:07:12	
26	240	Paul Hodgkin	M	York Postal Harriers	01:10:01	
27	190	Christopher Harvey	M		01:10:02	
28	198	Helen Beal	F	Female	01:10:31	
29	178	ally ward	F	Oswestry Olympians (3791840)	01:11:02	
30	207	justine simpson	F		01:12:15	
31	186	carol dell-price	F		01:13:27	
32	228	sara brown	F		01:13:45	
33	221	Nigel Bradbury	M		01:14:28	
34	179	amanda burton	F		01:15:55	
35	195	diane bishop	F	Redcar Running Club (3786550)	01:16:32	
36	184	bethany wilson	F		01:17:52	
37	217	megan richardson	F		01:17:58	
38	118	Lisa Edmondson	F		01:18:18	
39	99	gill chippendale	F	METHLEY STRIDERS (3706614)	01:21:14	
40	233	stephen finnie	M		01:22:32	
41	218	natalie allison	F	Redcar Running Club (3958318)	01:23:07	
42	193	colin sawers	M		01:24:52	
43	203	jennifer ashcroft	F		01:25:40	
44	194	david hay	M		01:26:09	
45	214	lyndsey hay	F		01:26:10	
46	180	andrew ashcroft	M		01:29:14	
47	197	Heath List	M	Rothwell Harriers & AC ()	01:31:13	
48	183	Anna Harvey	F	Rothwell Harriers & AC ()	01:31:14	
49	230	sarah hollender	F	Lonely Goat (3616569)	01:33:09	
50	238	Jennifer Dunkley	F		01:37:42	
51	181	aneliese bennett	F		01:43:49	