

Roche Abbey 6th May 2018

Overall Results

Place	Bib	Name	Gender	Club	Laps	Time
10k						
1.	4205	James Braddon	M	Nidd Valley Road Runners	1	00:44:14 -
2.	4158	Clark Bownes	M		1	00:47:02 +02:48.61
3.	4184	Jason Podger	M		1	00:47:07 +02:53.21
4.	4179	Mark Bullimore	M		1	00:47:33 +03:19.29
5.	4207	Michael Butterfield	M		1	00:47:56 +03:41.98
6.	4201	Tom Spence	M		1	00:48:39 +04:25.11
7.	4175	Anne Hyland	F	Chorlton Runners	1	00:48:43 +04:29.22
8.	4153	Nathan Hart	M		1	00:49:07 +04:53.82
9.	4202	Emer Dudley	F	Roberttown Runners	1	00:49:29 +05:15.50
10.	4162	Kirk Keoghan	M		1	00:51:57 +07:43.46
11.	4143	Claire Baxter	F		1	00:52:04 +07:49.90
12.	4163	stuart lake	M	rother valley swallows	1	00:52:44 +08:30.47
13.	4112	Jonathan Cushing	M		1	00:53:10 +08:56.72
14.	4167	Mark Tordoff	M		1	00:53:56 +09:42.65
15.	4159	Mark Bownes	M		1	00:54:30 +10:16.44
16.	4152	Olivia Barlow	F		1	00:55:49 +11:35.47
17.	4142	Dawn Parton	F	valley striders	1	00:56:04 +11:50.29
18.	3090	Bertie Mayo	M		1	00:57:26 +13:12.20
19.	4173	Kerrie Frampton	F		1	00:58:09 +13:55.69
20.	4151	Vanessa El-Etriby	F	Knaresborough Striders	1	00:58:26 +14:12.20
21.	4102	John Galloway	M		1	00:58:34 +14:20.59
22.	4169	Lynsey Murray	F	Rother Valley Swallows	1	00:59:26 +15:11.99
23.	4196	Amy Cushing	F		1	01:00:00 +15:46.23
24.	4154	Krisztina Horner	F		1	01:00:09 +15:54.89
25.	4131	Steven Watt	M		1	01:01:03 +16:49.05
26.	4150	Gary Morton	M		1	01:01:24 +17:10.44
27.	4133	Anna Austin	F	Bac	1	01:01:43 +17:29.20
28.	4121	Joanna Clarke	F		1	01:04:08 +19:54.83
29.	4170	DAWN Womack	F		1	01:04:43 +20:28.97
30.	4200	Michael Hartley	M		1	01:04:56 +20:42.47
31.	4171	Tracey Whitaker	F		1	01:05:30 +21:15.97
32.	4176	Sara Winn	F		1	01:05:39 +21:25.51
33.	4168	Sarah Honeyman	F		1	01:05:44 +21:29.95
34.	4178	Lisa Black	F		1	01:05:58 +21:44.78
35.	4144	Karen Bentley-Coleman	F	Rotherham Valley Swallows	1	01:06:08 +21:54.62
36.	4191	Dawn Smith	F		1	01:06:38 +22:24.84
37.	4187	Jane Dowson	F		1	01:07:03 +22:49.81
38.	4132	Debbie Edwards	F	Tadcaster Harriers	1	01:07:05 +22:50.89
39.	4101	Jayne Galloway	F	Barnsley Harriers	1	01:07:30 +23:16.14
40.	4174	Lee Roberts	M		1	01:08:22 +24:08.76
41.	5182	Rosa Sampson Geroski	F		1	01:08:43 +24:29.48
42.	4148	Simon North Yorkshire	M		1	01:09:07 +24:53.42
43.	4149	Jessica Roche	F		1	01:09:21 +25:07.82
44.	4166	Theresa Tate	F	Dewsbury Road Runners	1	01:11:08 +26:54.42
45.	5140	David Cooper	M		1	01:11:17 +27:03.45
46.	4165	Dawn Greaves	F	Dewsbury Road runners	1	01:12:15 +28:01.51
47.	4203	Zoe Riordan	F	Strideout	1	01:14:15 +30:01.65
48.	4208	Kate Ashe	F	Strideout	1	01:14:21 +30:07.39
49.	4198	Yvonne Storr	F		1	01:14:40 +30:26.04

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50.	4197	Sarah Robinson	F		1	01:14:41 +30:27.46
51.	4119	Sarah Veitch	F		1	01:15:19 +31:05.14
52.	4141	Jonathan Stamp	M		1	01:15:24 +31:10.30
53.	4115	Holly Wright	F		1	01:15:30 +31:16.16
54.	4130	Leanne Watt	F		1	01:16:06 +31:52.14
55.	5125	Andrew Nuut	M	Ackworth	1	01:17:03 +32:49.20
56.	4186	Nicholas Broadley	M		1	01:17:49 +33:35.23
57.	4157	Kate Hurley	F		1	01:17:57 +33:43.37
58.	4111	Laura Robson	F		1	01:18:10 +33:56.56
59.	4156	Kerry Loy	F		1	01:18:18 +34:04.57
60.	4164	beverly lake	F	rother valley swallows	1	01:19:14 +35:00.69
61.	4194	Rachel Freedman	F		1	01:19:16 +35:02.57
62.	4103	Katie Cadwell	F	Barnsley Harriers	1	01:19:27 +35:12.97
63.	4104	Maxine Broomhead	F	Barnsley Harriers	1	01:21:01 +36:47.19
64.	4204	Lynn Rodger	F	Newsbury Road Runners	1	01:21:18 +37:04.53
65.	4206	Rose Butterfield	F		1	01:21:23 +37:09.34
66.	4147	Olivia Smith	F		1	01:21:23 +37:09.53
67.	4113	Marie collinson	F	Wallsend harriers	1	01:21:41 +37:27.06
68.	4114	John Dodds	M	Wallsend harriers	1	01:21:42 +37:28.58
69.	4181	Della Davies	F		1	01:22:11 +37:57.05
70.	4122	Caroline Davies	F	Rothwell Harriers	1	01:24:30 +40:16.80
71.	4155	Karen wellington	F		1	01:24:31 +40:17.02
72.	4145	James Forster	M		1	01:24:31 +40:17.67
73.	4193	Sarah Cassidy	F		1	01:25:13 +40:59.16
74.	4128	Paula Oldham	F		1	01:26:00 +41:46.25
75.	4127	Amanda Holman	F		1	01:26:05 +41:51.86
76.	4192	Daisy Garner	F		1	01:26:55 +42:41.26
77.	4134	Julie Cooper	F	Bramley Breezers	1	01:28:13 +43:59.62
78.	4161	Jeanette Castelbranco	F		1	01:33:15 +49:01.35
79.	4160	Suzanne Shearer-Dixon	F		1	01:33:15 +49:01.48
80.	4199	Avalon Rawling	F		1	01:34:37 +50:22.93
81.	5161	Karl Arro	M		1	01:35:26 +51:12.45
82.	4146	Debi Jones	F		1	01:41:58 +57:44.03
83.	5194	Tina Baker	F		1	02:10:31 +86:17.33

Half Marathon

1.	5153	James Wheeler Aldridge	M		2	01:39:45 -
2.	5136	Chris Andrade	M		2	01:40:01 +00:16.34
3.	5150	James Grant	M	Pontefract a c	2	01:42:01 +02:16.06
4.	5191	Stuart Whale	M	Ackworth road runners	2	01:42:43 +02:58.16
5.	5128	Ashleigh Barron	F	Steel City Striders RC	2	01:45:30 +05:45.70
6.	5122	Adam Parton	M	valley striders	2	01:46:48 +07:03.55
7.	5189	Stefano Danieli	M		2	01:46:49 +07:04.33
8.	5171	Mark Richardson	M		2	01:47:07 +07:21.96
9.	5197	Alison Ogle	F	Farsley Flyers	2	01:53:51 +14:06.67
10.	5121	Adam Cotterill	M		2	01:58:13 +18:27.96
11.	5170	Mark Mccarthy	M		2	01:59:40 +19:55.32
12.	5132	Charles McKinney	M	Ackworth Road Runners	2	02:01:52 +22:07.74
13.	5199	Mumtaz Patel	F		2	02:02:53 +23:08.93
14.	5180	Richard Dye	M		2	02:02:56 +23:11.06
15.	5198	Julie Rochergurd	F	Farley flyer	2	02:04:47 +25:02.10

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Place	Bib	Name	Gender	Club	Laps	Time	
16.	5193	Terry Mottram	F	Ackworth Road Runners	2	02:05:06	+25:21.67
17.	5131	Caroline Colley	M	Lincoln Wellington	2	02:05:38	+25:53.70
18.	5190	Stuart Jones	M		2	02:07:18	+27:33.33
19.	2568	Simon Rodgers	M		2	02:07:23	+27:38.47
20.	5196	William Bealby	M	Sheffield Triathlon Club	2	02:08:33	+28:48.05
21.	5145	Gemma Lund	F		2	02:10:00	+30:15.74
22.	5166	Liam Russell	M	Steel City Stiders	2	02:12:02	+32:17.92
23.	5169	Lloyd Snellgrove	M		2	02:12:04	+32:19.80
24.	5146	Gill Freer	F	Rother Valley Swallows	2	02:12:11	+32:26.44
25.	5184	Ruth Walker	F	Ackworth Road Runners	2	02:12:22	+32:36.97
26.	5137	Claire Nield	F		2	02:12:26	+32:41.81
27.	5173	Martyn Goldsack	M	Steel City Striders RC	2	02:12:39	+32:54.62
28.	5163	Kristina Wigelius	F		2	02:14:24	+34:39.30
29.	5178	paul neal	M	Fylde coast runners	2	02:15:01	+35:16.50
30.	5144	Gary Oxley	M		2	02:16:19	+36:34.75
31.	5187	Sarah Clement	F		2	02:16:34	+36:49.89
32.	5149	Jacqueline Clarney	F	Lincoln Wellington Athletics Club	2	02:16:59	+37:14.18
33.	5159	John Mortimer	M		2	02:18:19	+38:34.95
34.	5143	Eve Mielcarek	F		2	02:19:23	+39:38.85
35.	5151	James Mieszkowski	M		2	02:19:29	+39:44.65
36.	5185	Sally Bulmer	F		2	02:19:59	+40:14.81
37.	5139	David Bulmer	M		2	02:20:00	+40:15.42
38.	5138	Daniel Bowles	M		2	02:20:37	+40:52.86
39.	5135	Charlotte Grace	F	Ackworth Road Runners	2	02:22:16	+42:30.98
40.	5192	Tammy Gaines	F	Ackworth Road Runners	2	02:22:27	+42:42.21
41.	5142	Emma Abbott	F	Lincoln Wellington Athletic Club	2	02:26:21	+46:36.82
42.	3104	Carly-Jane Rees	F		2	02:29:32	+49:47.82
43.	5155	Janie Kitching	F	Barnsley harriers	2	02:30:01	+50:16.95
44.	5154	Janet Barr	M		2	02:31:24	+51:39.14
45.	2560	Kate Baker	F		2	02:31:58	+52:13.06
46.	5188	Sarah Skerritt	F		2	02:35:28	+55:43.63
47.	5129	Brian Skerritt	M		2	02:35:31	+55:46.28
48.	5176	Pamela Munro	F		2	02:35:55	+56:10.29
49.	5172	Marlene Scott	F		2	02:36:11	+56:26.24
50.	5147	Hannah Peck	F		2	02:36:12	+56:27.33
51.	5181	Rob Mentz	M		2	02:36:34	+56:49.46
52.	5157	Joanne Cooke	F	Stainland Lions Running Club	2	02:43:46	+64:01.53
53.	11	Carl Coates	M		2	02:44:42	+64:57.61
54.	5165	Lesley Needham	F	Athworth Road Runners	2	02:44:46	+65:01.84
55.	5168	Liz Dart	F		2	02:48:28	+68:43.48
56.	5127	Archie Sissons	M		2	02:52:44	+72:59.41
57.	5152	James Roscoe	M		2	02:54:11	+74:26.00
58.	5195	Victoria Adams	F	Ackworth road runners	2	02:54:24	+74:39.20
59.	5126	Andrew Parkes	M	Ackworth road runners	2	02:54:28	+74:43.23
60.	5158	Joanne Harkin-Arro	F		2	02:55:06	+75:21.26
61.	5206	Rob Thewlis	M		2	02:55:37	+75:52.89
62.	5160	Jon Glarvey	M		2	02:56:05	+76:20.07
63.	5141	Duncan Reed	M	Farsley Flyers	2	02:57:30	+77:45.21
64.	2563	Richard Clough	M		2	03:08:04	+88:19.40
65.	5177	Paul King	M		2	03:13:22	+93:37.17

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Overall Results

Place	Bib	Name	Gender	Club	Laps	Time	
66.	5162	Kira Green	F	Notfast	2	03:35:58	+116:13.49
67.	3092	Ailsa Wheeler Aldridge	F		2	03:47:17	+127:32.18

20 Mile

1.	2551	David Senior	M	Stadium Runners	3	02:56:46	-
2.	2547	Alistair Walder	M	Dewsbury Road Runners	3	02:56:56	+00:09.84
3.	2562	Richard Airey	M		3	02:59:12	+02:26.39
4.	3109	Greg Thorley	M		3	03:19:07	+22:20.89
5.	2546	Adrian Nock	M	Roundhay Runners	3	03:33:27	+36:41.24
6.	2566	Russell Baughan	M		3	03:41:10	+44:24.03
7.	2571	Lawrance Lennon	M		3	03:42:16	+45:29.62
8.	3105	Paul Marshall	M		3	03:47:39	+50:52.87
9.	2549	Chris Bennett	M		3	03:54:54	+58:07.84
10.	2565	Rosina Citrone	F		3	03:56:16	+59:29.75
11.	2556	Ian Rayner	M	Roundhay Runners	3	03:56:36	+59:49.75
12.	2575	Roy Young	M	Ackworth Road Runners	3	04:06:54	+70:07.84
13.	2555	Hannah Marshall	F	Hyde Park Harriers	3	04:17:07	+80:21.26
14.	2548	Becky Murray	F		3	04:18:20	+81:33.71
15.	2553	Elaine Craiggs	F		3	04:18:22	+81:35.59
16.	2558	Jan Rayner	F	Roundhay Runners	3	04:21:28	+84:42.02
17.	2550	Clare Maher	F		3	04:31:40	+94:53.48
18.	2569	Tessa McDonald	F		3	05:19:55	+143:08.89

Marathon

1.	3087	Stephen Kirk	M		4	03:21:26	-
2.	3075	Martin Thomerson	M	Warrington Running Club	4	03:31:53	+10:27.79
3.	3107	Paul Bass	M		4	03:36:26	+15:00.36
4.	3093	James Barlow	M		4	04:06:25	+44:59.48
5.	3114	Adam Wasioka	M	100 Marathon Club	4	04:11:00	+49:34.51
6.	3083	amanda sterling	F	keighley and craven ac	4	04:19:36	+58:10.11
7.	3081	David Cremins	M		4	04:23:38	+62:12.30
8.	3076	Caterina Presi	F		4	04:29:05	+67:38.94
9.	3106	Tom Pennock	M		4	04:30:27	+69:01.69
10.	3086	Stuart Pickford	M		4	04:37:11	+75:45.81
11.	3110	Mark Potter	M		4	04:45:42	+84:16.07
12.	15	William Woodhead	M		4	04:48:43	+87:17.64
13.	3096	Beth Taylor-Jones	F	100 Marathon Club	4	04:53:20	+91:54.23
14.	3108	Mila Andonova	F		4	05:08:34	+107:08.47
15.	3111	Mary Rushforth	F		4	05:17:41	+116:15.76
16.	3103	Steve Marshall	M	Lincoln & District Runners	4	05:18:13	+116:47.64
17.	3115	Lisa Scholes	F		4	05:21:11	+119:45.40
18.	3089	Lorraine Halwood	F		4	05:21:11	+119:45.40
19.	3098	Ben Ashe	M		4	05:30:11	+128:45.80
20.	3112	Mark Green	M		4	05:31:43	+130:17.57
21.	3074	Mark Aldridge	M		4	05:33:06	+131:40.43
22.	3113	Ann Holms	F	West Hull Ladies	4	05:37:33	+136:06.98
23.	3102	Tim Butler	M	Lincoln & District Runners	4	05:38:09	+136:43.76
24.	3082	Nick Armstrong	M		4	05:39:01	+137:35.35
25.	3079	Stacey Richards	F		4	05:53:27	+152:01.16
26.	3120	Phil Hammond	M	100 Marathon Club	4	06:01:42	+160:15.93
27.	3091	Tracey Innes	F		4	06:04:43	+163:17.31

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28.	2564	Robert Knowles	M		4	06:06:55 +165:29.58
29.	5204	Sioned Langan	F		4	06:07:04 +165:38.27
30.	14	Samantha Morris	F	Heywood Striders	4	06:28:21 +186:54.90
31.	3097	paul nicholls	M		4	06:32:59 +191:33.43
32.	3084	Hilary Wharam	F		4	07:25:45 +244:19.43

Ultra

1.	4210	Simon Haywood	M		5	05:07:58 -
2.	1	Simon Allen	M	Barnsley Harriers	5	05:18:01 +10:02.68
3.	3	Rachel Ball	F	Sunderland Strollers	5	05:19:23 +11:24.43
4.	4	David Langrish	M	Sunderland Strollers	5	05:42:54 +34:55.28
5.	7	Steve Hughes	M		5	05:54:44 +46:45.14
6.	6	Andrew Thornton	M		5	06:02:20 +54:21.81
7.	8	Lucy Brown	F		5	07:24:51 +136:52.63
8.	12	Chris Heaton	M		5	07:24:53 +136:54.63

Number of records: 208